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Grand Forks Air Force Base, N.D. ♦ www.grandforks.af.mil

Feb. 21, 2003

Shooting down enemies, tearing down walls

February is Black History month, the Air Force broke many barriers before sound

-- See Pages 10, 11

319th Air Refueling Wing • Winners of the Air Force Outstanding Unit Award (July 2000 to June 2002)

Inside:

Weekend weather

Today 08/02 flurries Saturday 02/-10 cloudy Sunday 11/-03 mostly cloudy Monday 16/03

cloudy 319th Operations Support Squadron weather flight Tankers keep **Base Y flying** high

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Braving the cold

Page 5



Ladies tackle winter hobby





Tankers keep Team Base Y flying high

By Capt. Don Kerr

340th Air Expeditionary Wing public affairs

Operation Enduring Freedom flying combat missions since just after Sept. 11, 2001, KC-135 tankers here continue to provide critical air refueling to U.S. and coalition aircraft on a daily basis, 24 hours around-the-clock.

Controlling a large area of responsibility, these reliable fuel flyers unload gas to a host of thirsty customers. Fighters, bombers and heavies alike all rely on Base Y's 135s to keep them flying and carry out their

missions.

It's been that way since October of 2001. Balancing a limited number of crews, maintaining the jets, as well as dealing with multiple taskings day or night, can be a tremendous undertaking.

"Our operations are 24-7," said Lt. Col. James Vechery, 340th Expeditionary Air Refueling Squadron commander. "We need to always be ready to fly, to be ready all the time all day and all night. We don't get any down days. In fact, we've been flying since we got here."

When the 340th EARS got here, in August of 2002,

Photo by Staff Sgt. David Donovan

Base Y was a fledgling outfit solely supporting a busy air refueling mission equipped with 135s and the KC-10, a larger tanker platform. As they are now, tankers routinely flew into hostile territory to do their job.

"There are shots taken weekly at airplanes," said Maj. Bill Heaster, 340th Expeditionary Air Refueling Squadron, director of operations. "We've been doing this for a long time and we can't be complacent. It's important that we stay focused on the task at hand."

In recent weeks, the wing has transitioned from a tanker-centric focus, to one of supporting combat fighter operations. Minus the KC-10s and as important as ever, the air-refueling mission carries on.

"The new mission here brought the focus that operations are number one and we need to keep that focus (particularly) on combat operations," said Lt. Col. Vechery. "If you look around base, you see coalition partners, fighters, and tankers— what you have is a virtual air force with just about everything needed to strike the enemy.

A unique aspect at Base Y is the creation of an airrefueling track in the local area designed specifically for its tankers to provide refueling for local fighters flying training missions.

This allows the fighters to get some good "boom practice" without having to do it in the operational theater. Teaming together for practice means fighter operators meet with refueling operators in the debriefing room to see the faces of those who refueled them. It offers an opportunity for feedback and a chance to fine tune operations.

Lt. Col. Vechery praised his unit for the job they're doing and the current task on hand.

"We're all part of the same team. We are all here for the same reason and it's important that we work together toward that same goal."

Brig. Gen. Rick Rosborg, 379th Air Expeditionary Wing commander, is greeted by Lt. Col. Joseph Rohret, 379th Expeditionary Operations Group, after witnessing air refueling of F-15Es during a recent KC-135 flight.



Action Line 747-4522

The Action Line is your avenue for information about events and activities on and around the base.

For questions about current events or rumors, please leave a message.

26

DWI-free days

(For every 100 DWI-free days, the Wing receives a down day.)



Col. Keye Sabol 319th Air Refueling Wing commander

Editorial staff

Col. Keye Sabol	Wing commande
Capt. Patricia Lang	Chief, public affairs
Staff Sgt. Scott Sturkol	Chief, internal information
Senior Airman Monte Volk	Managing edito
Staff Sgt. Randy Roughton	Staff write

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*Deadlines

Articles: Due by noon Thursday the week prior to publication. For any questions about submissions, call The Leader staff at 747-5019.

*****Contact information

E-mail: leader@grandforks.af.mil, Phone: 701.747.5023

Public Affairs

Editorial content is edited, prepared, and provided by the 319th ARW public affairs office. Copy submitted for publication is edited to conform to the Associated Press Stylebook and for length.

*Advertisements

Call the Grand Forks Herald at 701.780.1275 before noon Tuesday.

SHHH! 'This telephone is subject to monitoring'

Compiled from staff reports

Last week, the 67th Information Warfare Flight performed an Electronic Systems Security Assessment by continuously monitoring more than 20 base phone lines.

The ESSA team monitored unsecure phone lines to determine if sensitive or classified information was being passed, which could adversely affect U.S. operations, and unfortunately, they heard things that are not supposed to be discussed on unclassified lines.

"Much has been said in the media since Sept. 11, about big brother listening," said 1st Lt. Carrie Kilareski, Wing Operation Security program manager. "But all government phones and computers are subject to monitoring and the phones should have a DD Form 2056 stuck to them."

Also, to accurately simulate the enemy threat, the team searched the Internet for open source information to fill in the blanks from what they heard on the phone.

"It is important to remember that the enemy could intercept any unclassified phone calls and e-mails," said Kilareski.

Some items observed were:

→ A call from overseas to Grand Forks for a phone patch to an undisclosed location was picked up. In essence, this call literally went around the world and could be picked up by anyone in numerous countries. The call discussed specific procedures to be taken at the undisclosed location (with the name of the location).

→ Over 100 calls were caught discussing upcoming Coronet missions, giving all the details. At one point, a call was made to a cell phone to discuss the mission. The cell phone user was on leave in a major city. Not only can the enemy intercept all unclassified lines, but cellular phones are vulnerable to scanning.

→ An administrator password was disclosed, with the login name. A login, plus the password, could be used to get into our computer system and view critical, unclassified mission information.

→ In addition, the team noticed some

base customer service areas and hallways had our base exercise schedule posted. All customer service areas should be scrubbed for information that's for official use only.

"Operations Security is a full-time responsibility for all wing members," said Kilareski. "The wing critical information list clearly identifies the information we need to protect from potential adversaries and in most cases, the information is not classified."

"We are at war and everyone plays a crucial role in protecting our troops and mission," added Kilareski.

To obtain a copy of the wing critical information list or for more OPSEC information, call 747-4505.

Sheltering in place: hazardous materials can be anywhere

Compiled from staff reports

During a railway accident near Minot Air Force Base, responding fire department personnel determined it would be safer for residents to remain in their homes or "shelter-in-place" rather than trying to walk or drive through an anhydrous ammonia cloud. Many individuals were unsure of what was expected of them or they panicked and attempted to flee. Subsequently, these toxic chemicals overwhelmed numerous individuals, resulting in one death and approximately 123 others requiring medical attention or hospitalization.

"Sheltering in-place" simply means staying put inside your home, workplace or other building until the emergency passes and the "all clear" signal is given.

Sheltering in-place can be a viable alternative during an accidental release of hazardous materials, when air quality may be threatened and evacuation may be through a plume of toxic chemicals. Sheltering in-place keeps you inside a protected environment, helping to prevent serious, long-term health risks or even death. Fire department personnel will determine if it will be safer to shelter-in-place or evacuate.

Preparedness is key to surviving any emergency, especially a hazardous materials accident. Toxic releases can come without warning and allow only minutes to respond. Other emergency preparedness efforts are complemented by shelter-in-place preparations. (See side bar)

Keep, maintain a shelter-in-place kit:

■ Bath/hand towels, duct tape and plastic sheeting, bottled water, flashlight and radio with fresh batteries, non-perishable foods and first aid kit with scissors; store kit in a known, easily accessible place

■ Do not proceed to them the bottle batteries and plastic sheeting, bottled water, flashlight and radio with fresh batteries, non-perishable foods and first aid kit with scissors; store kit in a bottle batteries and plastic sheeting, bottled water, flashlight and radio with fresh batteries, non-perishable foods and first aid kit with scissors; store kit in a bottle batteries and plastic sheeting, bottled water, flashlight and radio with fresh batteries, non-perishable foods and first aid kit with scissors; store kit in a bottle batteries and plastic sheeting, bottled water, flashlight and radio with fresh batteries, non-perishable foods and first aid kit with scissors; store kit in a bottle batteries and plastic sheeting batteries and plas

If told to shelter-in-place:

- Go inside or stay in the building you are in. Take shelter in a previously selected room, with no/few windows and doors and watch the Commander's Access Channel, listen to the radio or "Giant Voice" for information
- Close and lock all windows, close all doors. Tape and seal doors and windows. Place wet towels under doors.
 - Turn off ventilation systems, e.g. air conditioners,

heaters and window fans

- Do not use fireplaces and close the damper
- Do not pick up children at school, school personnel will are for them
- Do not risk your safety for your pets. If they can't be found within a few minutes, shelter-in-place without them
- Do not leave your shelter until "all clear" is signaled If told to evacuate:
 - Gather a change of clothing, baby/dietary needs/medicines
 - Keep car vents and windows closed when traveling
- Do not pick up children at school. School personnel will care for them
 - Evacuate to designated location quickly, orderly and stay calm

It's YOUR Air Force with your IDEAS

we do things

- FASTER
- BETTER
- CHEAPER

For the latest news on the IDEA program, consult the Grand Forks Air Force Base IDEA analyst.



2nd Lt. Michael Marren 747-3255

Maintainers brave sub-zero temps, cold weather challenges



Aircraft maintenance equipment de-ice a KC-135R Stratotanker on the flightline Feb. 12 in sub-zero temperatures. Deicing planes is just one of the many steps maintenance crews perform as part of cold weather operations.



◆ A maintainer stands back as an aircraft engine is tested. The heat from the engine makes a noticeable blur in the cold weather.

▶ An airman with the 319th Aircraft Maintenance Squadron Knight flight wipes down a part of the aircraft.



SATE training replaced with Network User Licensing

Senior Master Sgt. Alan McClellan

805th Computer Systems Sqaudron

SCOTT AIR FORCE BASE,III. -- "I think I have to do Security Awareness Training and Education training, but where do I do this now?" This question has frequently been directed to headquarters Air Mobility Command, and the answer may even surprise many Information Assurance knowledgeable people. SATE has been replaced.

SATE was eliminated in September 2001 when the current version of Air Force Instruction 33-204 was released. Once people learned that formal SATE requirements no longer existed, the next question that naturally arose was: "What replaced the SATE program?"

The successor program to SATE training is Network User Licensing. AFI 33-115 V2 states that user IA training has been standardized in the IA Internet-based training (IBT) course. Successful completion of this course satisfies DOD user certification, Air Force SATE training, and Air Force network users licensing. Records of user training are contained in the IA IBT database.

This training is mandatory for all new network users and recommended for all AMC network users as a refresher. Additionally, many personnel deploying have been required to show proof of course completion, or they have been required to accomplish the training at their deployed location before accessing the network, causing mission delay.

Network users must access the following URL to complete current network user licensing requirements: http://usaf.smartforce.com. Please be aware that the web-based IBT courses slow down significantly during peak demand periods, so users might need to try visiting the SmartForce web site early or late in the day.

Once users access the web site above, they must formally register to access IBT course material. Registration includes selecting an eight character password that contains at least one character from each of the following categories: number, upper-case, lower-case and any of the following special characters (! @ $\sim \# \ ^ () _=)$). The system only accepts passwords with eight characters.

Once users are registered and logged on, they are allowed to select a link labeled 'IA Courses.' This in turn brings up a page with the following course links: INFOCON, Network Web Administration and Workgroup Manager User Licensing, System Administration,. Drop-down menu options include 'Launch' course to start, and 'Certificate' to print course completion records.

The normal network user will only need to complete

the 'Network User Licensing' module, required by AFI 33-115 Volume 2. We recommend that new users be given supervised network access to complete the required SmartForce IBT course. Then, once new users complete network user license training and receive certificates, workgroup managers can establish network accounts for them.

Although, some SmartForce IBT courses allow users to take course exams without first reviewing course content, the basic Network User License course does not. Users must get above 70% for successful course completion. After completing each IBT pertaining to duties, users should print the associated certificates

With the current world situation, we strongly suggest that all personnel either assigned to an AEF, or personnel with a deployable mission, ensure this network user licensing is completed prior to deployment, and take course certificates with them so there will be no mission delays when arriving at deployed destinations.

Your workgroup managers have the responsibility to track network user compliance for this requirement and can access the SmartForce database to ensure you are registered. If you have any questions, please contact your workgroup manager, base IA office or the AMC IA office (DSN 576-4979).



Photo by Staff Sgt. Scott Sturkol

Beam me up!

Base civil engineers took advantage of the warmer weather and changed street lights bulbs on base Wednesday.

Briefs

OSC/ESC scholarships

Officer and enlisted spouses club scholarships are available. Forms are available at the base education center and from high school guidance counselors. Applications must be post marked March 12.

For details call Joe Chine at 594-2288.

Angel Awards

Take a moment to applaud our volunteers by nominating some one you know that gives freely of their time for the benefit of others.

For details on the officer spouses club Sandy Turner Angel Awards, call Tamara Boots at 594-9203 or e-mail maraboots@earthlink.net.

Looking for a few good NCO's

Attention sharp NCO's interested in retraining, see the 319th manpower Office. They're a small, close-knit office with plenty of opportunity for personal growth and recognition.

Selected individuals would be part of a handpicked team. Their members are experienced in working with the highest levels of management and learn about every function in the Air Force through day-to-day association. Nearly every major CONUS and overseas Air Force base has a manpower and organization office, requiring enlisted personnel.

Manpower and organization work at these bases encompasses most "state of the art" computer and management techniques. The methods, techniques, and philosophies employed are accepted practices in leading industrial and business firms worldwide. Manpower and organization technical school is eight-weeks long and then let you gain practical experience at your first manpower assignment. Call 2nd Lt. Cameron Jackson at 747-3248, for an appointment.

OPSEC tip

Determined individuals can easily collect data from cordless and cellular phones and even baby monitors using inexpensive receivers available from local electronics stores.

Base theater

Today, 7 p.m.

Just Married (PG-13)

Tom (Ashton Kutcher) is a blue-collar guy, and Sarah (Brittany Murphy) is the daughter of rich, snobby parents. After a chance meeting on the beach, the two fall in love and get married. But the honeymoon is anything but pleasant, and the unlikely couple soon begins to wonder if they were meant to be together.

Saturday, 7 p.m.

National Security (PG-13)

Earl Montgomery (Martin Lawrence) and Hank Rafferty (Steve Zahn) met on opposite sides of the law during a routine traffic stop. Now they're teamed up as harebrained security guards. Despite facing resistance from the police department, the unlikely team uncovers a smuggling scheme involving an indestructible metal alloy.

Feb. 28, 7 p.m. A Guy Thing (PG-13)

Mar. 1, 7 p.m. Kangaroo Jack (PG)

> Tickets: \$1.50 children, \$3 adults For details, call 747-3021/6123.

Base chapel

Mass: 5 p.m. Saturday, 9 a.m. Sunday.

Daily Mass: Tuesday - Friday 11:30 a.m.

Sunflower Chapel

CCD: 10:45 a.m. Sunday, Twining Elementary School, RCIA plus Confirmation Reconciliation: 4 p.m. Saturday, 8:30 a.m. Sunday, or by appointment, Sunflower Chapel

PROTESTANT:

Traditional worship: 10:30 a.m. Sunday, Sunflower Chapel. **Liturgical worship:** 10:30 a.m. Sunday, Prairie Rose Chapel. Contemporary worship: 6 p.m. Sunday, Prairie Rose Chapel Young Adults: 6 p.m. Friday, Chaplain Swain's home 747-4359 Youth: 4 p.m. Sunday, meet at youth center Religious Education: 9 a.m. Sunday, Eielson

Elementary School. Men of the Chapel: noon Monday, Prairie Rose conference room

JEWISH:

For details call Sheila Farquharson at 594-3960 or Synagogue B'nai Israel at 775-5124.

RUSSIAN/EASTERN ORTHODOX: For details call Dr. Levitov 780-6540.

MUSLIM, BUDDHIST, OTHER: For details call 747-5673.

Saving lives even after his death

By Airman 1st Class Ntozake Stringfield 319th Logistics Readiness Squadron

In times of peace and war, we have all seen the commercials asking us to give blood, so it can save someone's life, but before Charles Drew, most would lose their lives to blood loss.

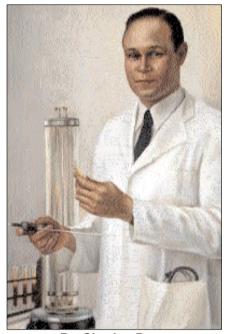
On June 3, 1904, Richard and Nora Drew gave birth to their first son Charles. Although his early interest was in education, especially medicine, he became an outstanding athlete in Dunbar High School were he won the James E. Walker memorial medal as his schools best all around athlete. After graduating from Dunbar in 1922, he went on to attend Amherst College in Massachusetts on an athletic scholarship, excelling at basketball, football, baseball and track.

Upon graduating Amherst, Drew was awarded the Mossman trophy as the man to contribute most to Amherst athletics. In 1928, Drew decided to pursue his interest in medicine leaving the U.S. to attend McGill University in Montreal, Canada. In 1933, Charles graduated second in his class with Master of Surgery and Doctor of Medicine degrees.

It wasn't until 1935 that Charles Drew returned to the United States and began attending classes at Columbia University while also working as a resident at the Columbia University Presbyterian Hospital. It was during this time that he became involved in research on blood and blood transfusions, writing a dissertation on "Banked Blood" describing a technique he developed for the long-term preservation of blood and plasma. Before his discovery, blood could not be stored for more than two days.

He also discovered that while everyone could not receive the same type of blood, everyone could be administered a plasma transfusion regardless of blood type. Thusly, Charles Drew became the first black to receive a Doctor of Medical Science degree from Columbia University. This paved the way for Drew to be named the Supervisor of the Blood Transfusion Association for New York, and he oversaw efforts toward providing plasma to the British Blood Bank during World War II.

Later he was named the project director for the American Red Cross. However, he resigned after the U.S War Department issued a directive that blood taken from caucasian



Dr. Charles Drew

donors be segregated from that of black donors.

So Drew instead chose to return to Howard University in 1942. Over the years Charles Drew received many awards. In 1949 he was appointed as Surgical Consultant for the United States Army's European Theater of Operations.

Thanks to blood transfusion and Drews technique for the long-term preservation of blood plasma, many lives have been saved. This Black History Month we thank Dr. Charles Richard Drew an African American Athlete and Scholar.

Develop, review wellness checklist

By Lt. Col. Harvey Kelley 14th Medical Operations Squadron

COLUMBUS AIR FORCE BASE, Miss. (AFPN) -- Air Force pilots are trained that checklists are one of the most important tools in the aeronautical decision-making process.

Pilots at all stages of flying from the student to the command pilot use checklists. Pilots use a very extensive checklist during preflight to determine airworthiness of the aircraft.

As there are checklists for the aircraft, there are also checklists to evaluate a pilot's fitness to fly.

These checklists are essential to the safety of the pilot and aircraft.

But is there a checklist that people who aren't aircrew members can use to evaluate their health status? As a preventive medicine flight commander and a dentist by profession, I know optimal health can only be achieved by prevention.

Prevention can be thought of in two

ways. One is to prevent accidents, illness or disease in the first place. The other is prevent an illness from progressing.

The following checklist can be used in both areas of prevention.

→ Medications: Am I taking medications as prescribed? Many diseases and chronic problems can be controlled and or prevented with medication.

→ Surgery: In many instances surgery is life saving.

→ Nutrition: Do I eat too much? It has been shown that decreasing the daily intake of food by one third will increase your life by 10 years. Do I eat the right types of food? The body needs the correct amount of proteins, carbohydrates and fats. Do I get enough water? Recommendations are usually about 64 ounces per day.

→ Exercise: Do I move my muscles enough? Muscles need to be involved in an activity that keeps them in condition to perform activities of daily life. Stretching

increases flexibility and is important for muscle and bone health.

→ Sleep: Do I get enough sleep and is it good sleep? Research indicates most people are sleep deprived. Studies have consistently shown the average person needs 10 hours of sleep per day.

→ Stress: Am I too stressed? There are many stressors in life and there are two main categories of stressors that play a major role, mental and emotional. Mental are those that are short lived. An example is a flat tire. The flat gets fixed, and the mental stressor is gone. Emotional stressors are usually chronic and are produced from feelings of not being in control. These types of stressors are associated with chronic health problems.

This checklist will provide a place to start as you look at prevention in your everyday life. Prevention is the foundation upon which to build optimal health and take responsibility for ones own wellness.

(Courtesy of Air Education and Training Command News Service)

Corporal Eugene J. Bullard

Eugene Jacques Bullard, the world's first African-American combat pilot, was one of 200 Americans who flew for France in World War I.

He was born in 1894 in Columbus, Ga., the grandson of a slave. Because he heard there was no bigotry in France, Bullard sailed to Europe as a stowaway. In 1914 he enlisted in the French Foreign Legion, where he earned the nickname "Black Swallow of Death."

Bullard participated in some of the most heavily contested battles of 1915-1916. He was severely wounded in one such battle and received the Croix de Guerre for his heroism.

While convalescing, he volunteered for pilot duty in the French Air Service. He completed training in May 1917 and in doing so, became the world's first African-American pilot.

Sources compiled from U.S. Air Force Museum and Air University.

Colonel Guion S. Bluford Jr.



Guion S. Bluford Jr. has the distinction of being the first African-American to be chosen as an NASA astronaut.

He was born in West Philadelphia in November 1942 and graduated from Overbrook Senior High School in Philadelphia, Penn. in 1960. His quest for knowledge never stopped. Among his many degrees are a bachelor of science degree in aerospace engineering from the Pennsylvania State University in 1964; a master of science

degree with distinction in aerospace engineering from the Air Force Institute of Technology in 1974; a doctor of philosophy in aerospace engineering with a minor in laser physics from the Air Force Institute of Technology in 1978, and a master in business administration from the University of Houston, in 1987. He has also been awarded numerous honorary degrees.

Bluford attended pilot training at Williams Air Force Base, Arizona, and received his pilot wings in January 1966. He then went to F-4C combat crew training in Arizona and Florida and was assigned to the 557th Tactical Fighter Squadron, Cam Ranh Bay, Vietnam. He flew 144 combat missions, 65 of which were over North Vietnam. (Sources compiled from NASA).

CMSAF Thomas N. Barnes

Chief Master Sergeant of the Air Force Thomas N. Barnes was adviser to the Secretaries of the Air Force John L. McLucas and Thomas C. Reed and also Chief of Staffs of the Air Force Gen. George S. Brown and Gen. David C. Jones on matters concerning welfare, effective utilization and progress of the enlisted members of the Air Force. He was the fourth chief master sergeant appointed to this ultimate noncommissioned officer position.

Chief Barnes was born in Chester, Pa., where he attended elementary and second-

ary schools. He is a graduate of the 8th Air Force Noncommissioned Officer Academy and the U.S. Air Force Senior NCO Academy pilot class. In April 1949 Chief Barnes entered the U.S. Air Force, and received his basic training at Lackland Air Force Base, Texas. He later attended Aircraft and Engine School and Hydraulic Specialist School at Chanute Technical Training Center, Ill.

On Oct. 1, 1973, he was appointed chief master sergeant of the Air Force. At the expiration of the initial two-year tenure, he was extended for an additional year by the chief of staff. In February 1976 he was selected by the chief of staff to serve an unprecedented second year extension. He retired Jul. 31, 1977.

Tuskegee Airman speaks first-hand of changing world

By Staff Sgt. Scott T. Sturkol Public affairs

In February 1994, I met one of the original 996 Tuskegee Airmen. A man whom I consider to have made a significant contribution to aviation history as a member of a very important group of pilots who made their place known during World War II. That man is retired Air Force Lt. Col. Herbert E. Carter.

When Carter became a college student at the Tuskegee Institute in Alabama in 1939, just before World War II, he majored in industrial education hoping someday to be a teacher. But as time progressed, he achieved – historically speaking – a lot more.

"The building of the airfield in Tuskegee was considered an experiment," Carter said to me in an interview in 1994. He spoke of Tuskegee quite fondly of his experience there and said it was an important step in this nation's history.

"At the time, the War Department had taken the position since before World War I that African-Americans lacked certain qualities for officership and in particular, those that would be required to operate something as complicated as an aircraft," Carter said. "The department said we didn't have the qualities, that we lacked what was needed to do those things."

Carter said that due to political pressure and

other events that took place prior to the war, the department decided that the best thing to do was to set up a totally segregated pilot training facility in Tuskegee, Ala., to let a certain number of African-Americans have training.

"All of this was done to see if we could or could not operate something as complicated as an aircraft," Carter said.

Four-hundred and fifty of the 996 Tuskegee pilots, including Carter, from the 99th, 100th, 301st, and 302nd Fighter Squadrons (all of which made up the 332nd Fighter Group), saw combat in WWII. Carter said.

These airmen, who were also known as the "Hawkmen," the "Black Birdmen," and the "Red Tails," flew under the command of Col. Benjamin O. Davis (later to become the Air Force's first African-American lieutenant general). They fought in the aerial war over North Africa, Sicily, Italy, Southern France, and Europe flying P-40

Warhawk, P-39 Air Cobra, P-47 Thunderbolt, and P-51 Mustang aircraft.

"In April 1943, almost a year after my unit had been pronounced ready, we were shipped to North Africa to enter into combat with the Allied forces, particularly in support of the British 8th Army." Carter said of his first overseas deployment. "We began our operations there using what was called close tactical ground support for the British ground forces. In our judgement, this was a very dirty and thankless job because if you were a fighter pilot like me, you were judged primarily by how many planes you shot down."

Carter said close tactical ground support meant giving ground forces much-needed support for advancement by destroying fuel and ammunition dumps, and by disrupting supply lines such as motor transports, trains, barges along riverways, and shipping along coastlines.

"Using airpower in this fashion was still in its experimental stages," Carter said. "We usually judged our success on a day-to-day basis."

The combat achievement record of the Tuskegee Airmen comprises destruction of enemy aircraft in the air and on the ground, airfields, rail traffic and facilities, oil refineries, ammunition depots, barges, one destroyer and many other assigned military targets, Carter said.

According to a press release from Tuskegee Airmen Inc., the airmen flew 15,553 sorties and completed 1,578 combat missions while assigned to the Army's 12th Tactical and 15th Strategic Air Forces. Of the 450 men who flew, 66 were killed in action and 33 were taken as prisoners of war.

Additionally, the 332nd Fighter Group earned an unequaled record for having never lost a single bomber under its escort cover to enemy air action during the en route penetration and withdrawal phases of strategic bombardment operations all over the European continent.

In all, the Tuskegee Airmen were awarded 150 Distinguished Flying Crosses, many for Air Medals and clusters, Legions of Merit, the Red Star of Yugoslavia and the Presidential Unit Citation.

"The institute feels totally responsible that the history of these African-American pilots becomes known for future generations," Carter said. "There are so many things that these men have done which had nothing to do with their color, but with their capability and their performance as pilots."

After his Air Force retirement in 1970, Carter served at Tuskegee Institute as associate dean for student services, associate dean for admission and recruiting, financial aid counselor, and is presently President of the Tuskegee Chapter of Tuskegee Airmen Inc

General Benjamin O. Davis Jr.



Benjamin O. Davis, an aviation pioneer, is one of the most famous Tuskegee Airmen of World War II. However, his military career spanned five decades and three wars. He was the first African-American officer in the Army Air Forces, and was a member of the first African-American pilot-training class at Tuskegee Army Airfield in Ala.

He was born in December 1912 in Washington, D.C., the son of a retired Army brigadier general. Davis was the first African-American to graduate from West Point in this century. His four years there were not pleasant. Because he was black, he was

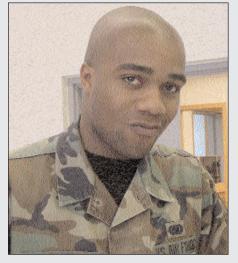
officially "silenced" by all cadets--no one spoke to him for four years except on official business: he roomed alone and he had no friends.

He retired from the service Feb. 1, 1970. His military decorations include the Air Force Distinguished Service Medal, Army Distinguished Service Medal, Silver Star, Legion of Merit with two oak leaf clusters, Distinguished Flying Cross, Air Medal with four oak leaf clusters, Air Force Commendation Medal with two oak leaf clusters and the Philippine Legion of Honor. He wrote his autobiography, Benjamin O. Davis, Jr., American: An Autobiography (Washington, D.C.: Smithsonian Institution Press, 1991), an account of his experiences at West Point and his commands.

He was advanced to general Dec. 9, 1998 by President Bill Clinton. Davis died July 4, 2002 at Walter Reed Army Medical Center in Washington of Alzheimer's disease at age 89.

Sources compiled from Air Force News Agency, Air University and the U.S. Air Force Biographical Dictionary by Flint O. DuPre, Colonel, U.S. Air Force Reserve

Why do think it's important to celebrate Blake History Month?



Airman 1st Class Samorio South 319th Logistics Readiness Squadron

"I think this is an important month the black population a chance to come forward and express their views."



2nd Lt. Megan Grimm 319th Operations Support Squadron

"Black History Month is an opporand society. Its something we should all participate in."



Airman 1st Class Candice Lester 319th Logistics Readiness Squadron

"I feel that Black History Month is important part of American history important contributions African- It brings some of the greatest men and and it goes a long way. It also gives Americans have made to our culture women in history to the forefront, for have done for America." their inventions, acts, and for the importance they served in history."



Senior Airman Corv Upshaw 319th Service Squadron

"I think it's important because it mainly because black history is a very—tunity for everyone to understand the—important for our culture and society.—represents something great for our culture and the important thing we



Airman 1st Class Jermaine Reid 319th Logistics Readiness Squadron

"I think it's significant because it shows how black people influenced change in our country, like Martin Luther King on fighting for civil rights."

General Daniel 'Chappie' James Jr.

Daniel James Jr., was the first African-American promoted to the rank of Air Force four-star general. He was another of the great Tuskegee Airmen, but didn't see action until the Korean War. His career spanned three wars and 30 years, and he was a recognized civil rights pioneer. He was an eloquent speaker for the Air Force known for his thoughts on Americanism and patriotism.

James was born in February 1920, in Pensacola, Fla., where he graduated from Washington High School in June 1937. He attended Tuskegee Institute at

Tuskegee, Ala., where he received a bachelor of science degree in physical education and completed civilian pilot training under the government-sponsored Civilian Pilot Training Program.

He remained at Tuskegee as a civilian instructor pilot in the Army Air Corps Aviation Cadet Program until January 1943, when he entered the program as a cadet and received his commission as second lieutenant in July 1943. Throughout the remainder of World War II he trained pilots for the all-African-American 99th Pursuit Squadron and worked in other assignments.

General James was promoted to four-star grade and assigned as commander in chief, NORAD/ADCOM, Peterson Air Force Base, Colo., Sept. 1, 1975. In these dual capacities, he had operational command of all United States and Canadian strategic aerospace defense forces. His last position was special assistant to the Air Force chief of staff.

James retired from active service on Feb. 1, 1978 and died later that month on Feb 25.

Sources compiled from Air Force News Agency and Air Force History Support Office.

Community



Photo by Staff Sgt. Scott Sturkol

What's this

Eielson Elementary School held its annual spaghetti feed and auction Feb. 10. The auction raised several hundred dollars to support the school's parent-teacher organization.

Community

Today

ICE FISHING

Outdoor recreation has no upcoming ice-fishing trips scheduled for this weekend. The next trip will be on Mar. 1. Cost is \$15 per person, \$25 couple, \$35 for a family up to four, (3-4, \$10 per additional family members). Departure will be from outdoor recreation at 7:00 a.m. and you will return midafternoon. Sign up at least one-day prior. Call 747-3688 for more information.

Skiing -- Join outdoor recreation for ski trips every Saturday from now until the end of March. The next trips will be to: Andes Tower, Feb. 22; and Buena Vista, Mar. 1. Sign up at least one-day prior. Call 747-3688 to sign up, and/or for complete details.

Outdoor recreation has a Cross-Country Ski Trip planned for Saturday to Bemidji, Minn. Departure is at 9 a.m. from outdoor recreation and you will be returning same day, late afternoon. Cost is \$15 per person, \$35 for family up to four (\$10 each additional member). Please sign up one-day prior, 747-3688.

Wednesday

DEPLOYED SPOUSES DISCOUNT

The club is offering a 20 percent discount to spouses of the deployed tonight! Spouses will receive 20 percent off their meal purchase from 5:30 to 8 pm. Call the club for further details, 747-3392

MALL OF AMERICA

Sign up by today for Outdoor Recreation's Mall of America trip March 1!

Departure is at 5 a.m. from Outdoor Recreation and you will return late the same evening. Cost is \$20, includes transportation only. For more information contact Outdoor Recreation, 747-3688.

Upcoming

ROLLER MOLAR SKATE

You are invited to the Youth Center and Dental Clinic's annual "Roller Molar Skate" on Feb. 28! Open to all ages, from 6:30 to 8:30 p.m. at Liberty Square. There will be drawings, door prizes, and if you bring in your old toothbrush you will receive a new one plus \$1 off of one skate admission. Admission is \$3 (\$2 with old toothbrush) and \$2 for skate rental. You may bring your own roller blades. For details call the Youth Center at 747-3150.

2003 HAWAIIAN OPEN & CHILI CONTEST

Come to the Plainview Golf Course March 1 for the annual Hawaiian Open. The tourna-

ment is a four-person scramble in the snow with a tennis ball – not a golf ball. Players do need to supply their own club, but a tennis ball will be provided. This year, we are adding a "chili contest," which will take place at noon. After the Chili Contest players will tee-off! Sign up at customer service at the Commissary.

The Commissary will provide you ingredients for your chili up to \$10! The winner for the best chili will receive a Commissary shopping spree of \$250. For Chili Contest information contact the Commissary 747-3083 or Services Marketing 747-3204 and for Hawaiian Open information contact Plainsview Golf Course 747-4279.

INDOOR SOCCER REGISTRATION

Now through March 1 sign up for the Youth Center's Indoor Soccer team! This is for ages 5 & up and requires a current physical. Cost is \$30 per child. Coaches are needed for all age groups! Contact the Youth Center for additional information, 747-3150.

SUPER SUNDAY BRUNCH

The club has Super Sunday Brunch from 10:30 a.m. to 1:30 p.m., March 2. Enjoy two meats, biscuits and gravy, eggs, fruit, waffles, omelets and more! The next Sunday Brunch is March 16.

GIVE PARENTS A BREAK PROGRAM

Give Parents a Break dates are March 15 and April 12. Give Parents a Break provides parents a few hours break from the stresses of parenting.

To take advantage of this program, families must be referred by: squadron commander or first sergeant, chaplain, doctor or medical professional, family advocacy, family support center or child development center. Referred parents must make reservations the Wednesday prior. For details call the child development center at 747-3042.

FAST EDDIE'S

Come try our new Smoothies in 5 delicious flavors: Tropical Fruit, Raspberry, Strawberry, Peach and Banana. We will also continue serving the "holiday" coffees until our supplies run out. Call us at 747-6201 details.

TAKE TIME FOR YOURSELF AND RELAX

The community activity center offers a contracted massage therapist who is available Wednesday and Thursday evenings and Friday mornings. Fees are \$25 for a 30 minute session and \$50 for a one hour session. To schedule an appointment call the community activity center at 747-6104.

Ladies try hand at ND winter hobby ... ice fishing

By John Gorman

Outdoor recreation programs director

The morning of Feb. 15 dawned clear and cold with temperatures hovering right at minus 20 Fahrenheit. Just right for a day of ice fishing fun! Which, in fact was the business of the day for 10 hardy fisher-gals from the base. Donna Wilson, Tami Maxwell, Cindy Ruscetta, Allison Tilton, Teresa Gorman, Kristy Herman, Karen Wirtz, Linda Olson, Linda's 17-year-old daughter Stephanie, and Stephanie's friend Janelle Berthold of Larimore, all participated in a ladies-only ice fishing trip sponsored by outdoor recreation. Eric Tilton, Barry Cheeseman, Jerry Robinson and myself assisted them.

Fishing is best begun at an early hour and this day was no different. The "perch express" left the base at 8 a.m. with a load of excitement. We hit Golden Lake around 8:45 ready to tie into some monster yellow perch. Actually, we hoped to catch enough "eaters" for lunch to go along with the french fries and cole slaw that was on the off-shore lunch menu.

The gals were met on the ice by Barry, Eric and Jerry who had driven out earlier, and drilled holes and set up the five houses out of which the women would fish. I had the immense pleasure of driving the ladies to the lake. Of course, they were full of questions and enthusiasm. I have seldom been around a more enthusiastic group of fishermen. Two or three had ice fished before but for the rest it was their first time. Like all first-timers, they wanted to know if the fish were biting,

what kind, and what did I think their chances were of catching some. I assured them they would likely catch a bunch of fish, and cajoled them a little that if they didn't they wouldn't have fish to eat for lunch. Secretly, I hoped the perch were in a cooperative mood.

The gals had already paired themselves off. I observed to myself that ladies seem to do everything in "twos" and wondered why that was. Anyway, they were set to go and that was that. We helped them get situated in their shanties, showed them how to use the equipment, bait up with minnows, and generally ensure they were comfortable. Oh, did I mention it was cold? Well, it was cold. Thankfully there was negligible wind and the sun was shining in a cloudless sky. At least the weather was cooperating, now we just needed some fish.

It only took a few minutes for the fun to start. Janelle scored first with a "keeper", and then the bite was on! It didn't take long for the gals to get the hang of feeling for the soft bite and setting the hook. Many of the perch were too small to keep and were immediately released, but the gals, to their credit, caught and kept thirty-five 7 – 8 inchers; ahh, fish for lunch!

Kristi came out of her shanty about 10:30, followed shortly by Donna and Tami. Us guys had drilled some holes out in the open and were really slaying them on small jigs tipped with wax worms. We showed the three how to bait the waxies, and tight-line the light jigs just and inch or two off the bottom. A more intent and quick to learn bunch of fishermen I've never encountered. They were simply fabulous!

Around 11 Eric and I filleted the fish while Jerry



Photo by John Gorman

Donna Wilson and Eric Tilton show off one of their catches of the day, a yellow perch.

set up the cook's shanty. I fired up the propane French fryer and got the oil good and hot. We lightly breaded the fillets and fast fried them. Each of the gals got a plate of perch fillets, fries and slaw. Oh, and a glass of white wine to wash down lunch rounded out the deal. Sadly, the two teenagers couldn't enjoy the wine but they sure ate like troopers. There wasn't a fillet left!

They kept fishing for a while, with catch and release now the order of the day. We "broke camp" at 2 p.m. and were back on base by 3:15. I'm quite sure the ladies enjoyed their special ice fishing trip. Jerry, Eric, Barry and myself had a ball. Thank you gals!

Make heart-healthy choices

By Health and Wellness Center

When it comes to a heart-healthy lifestyle, almost everyone has room for improvement. Some people could lower their blood pressure; others could quit smoking, lose a few pounds or get some exercise. What's your plan for a healthy heart? Choose among the options below.

For a Heart-Healthy Diet:

Limit amount of red meat eaten each week
Eat fish and skinless poultry
Avoid saturated fats
Eat more steamed, baked, broiled or
stewed dishes
Eat fewer fried, breaded, creamed or
heavy-sauced dishes
Know your healthy weight
Know your target cholesterol level

To Keep Your Heart Strong With Exercise:

Begin an exercise program that's at least 30 minutes long, three or more

times per week

Include aerobic exercise such as walking, bicycling, running and swimming Work with healthcare professional to tailor program

To Reduce Your Blood Pressure:

Maintain a healthy weight
Exercise regularly
Cut back on salt
Check your blood pressure regularly
Take blood pressure medicine if necessary
Know your target blood pressure

To Cut Back on Stress:
Learn stress management techniques
Avoid stressful situations

Pick the ones that you think you can do to begin with, and gradually add others. Remember, every change that reduces your risk of heart disease also reduces your risk of cancer, stroke, diabetes and a host of other ailments. For details about this or other health-related issues call the HAWC at 747-5546.

Free UND women's hockey to 2 p

Free University of North Dakota women's' hockey games at Engelstad for airmen and families. Bring military ID cards to the following games, and you get in free. Families are welcome. For details check out www.fightingsioux.com and www.theralph.com

Sunday, 2:05 p.m.

UND vs. University of Winnipeg Grand Forks, N.D.

Outdoor recreation

ND Hunter Education and Safety: Outdoor Recreation will be offering a hunters education and safety class Mar. 5 to 8. This class is required by law if you were born after Dec. 31, 1961 and want to hunt in North Dakota – course covers firearms safety, ethics, conservation, and North Dakota hunting laws. Times for the class is 6 to 9 p.m. Wednesday through Friday and 8 a.m.

to 2 p.m. Saturday. The class is free, but size is limited. For details call outdoor recreation, 747-3688.

Ice Fishing Equipment: Let ODR supply all your ice-fishing needs. We have two and four— person Frabill portable ice shanties, 10" Jiffy ice augers, portable sunflower—type propane heaters and assorted ice fishing equipment.

Ski Equipment: We have purchased brand new downhill Rossignol "Stage 2" shape skis with "Axium" bindings and cross-country Rossignol "Glade Runner" touring skis and X-6 boots! Let outdoor recreation fit your skiing needs.

Ski Resort Information: There are 6 downhill ski resort areas within a 3-½ hour drive from the base. All these offer reasonable rates for lift tickets, and the skiing is decent. We have all the information you'll need to get there, and upto-date conditions on all the areas.